

Karify how-to guide for clients



Get started with online care.

This how-to guide contains the following subjects:

- Create an account
- Login and Logout
- Messages
- My record
- Online assignments

Please consult our support pages for more information via help.karify.com.

If you have any questions, please feel free to contact us via help@karify.com.

Karify account

Karify is a secure online environment for treatment, and exchanging messages with your health professional. A part of your treatment will be provided online via Karify. You need to have a Karify account to have access to the the online treatment environment ([Healthspace](#)). [Get to know more about Karify](#).

Create an account

You will receive an invitation from your healthcare provider by email. Click in the email on the link ("Join"), enter your personal details and fill in a secure password. Then click on "Sign up".

Once you have accepted the terms of use, you will receive a confirmation link at your email address. Click on the link to activate your account. You have successfully registered your Karify account!

Messages

Via "Messages" you can send and receive secure messages (including attachments). You can only send messages to people who are members of Karify and with whom you have a connection.

1. Navigate from the menu on the left side to 'Messages'
2. Click on the button 'New conversation'

At the top right:

 + NEW CONVERSATION

3. Choose the recipient(s) from your contact list.
4. You can attach a file to the message
5. Send the message

Login and logout

Go to the login page my.karify.com. Having trouble logging in? Navigate to [this support page](#) for more help.

Forgotten your password? Click on:

[Forgot password?](#)

Still having trouble logging in? Please contact the Karify Helpdesk via help@karify.com.

Logging out

Click on 'Logout' from the menu bar.

My record

Store files in 'My record'

You can store your own medical information by adding files such as images, Word documents, PDF files, links and videos. Click on [this support page](#) for more information about your record.

Online assignments

In Karify you can make assignments that your healthcare provider has selected for you. You find these assignments on your Workspace. You can find your Submitted assignments in your record.

Please check out [our support page](#) with more information about online treatment.